



Occupational Health and Safety Legislation

OHS Code

Alberta Regulation 191/2021

Schedule 2

First Aid

Table 1
Low hazard work

“Low hazard work” means work at

- (a) administrative sites where the work performed is clerical or administrative in nature;
- (b) dispersal sites
 - (i) where a worker is based,
 - (ii) where a worker is required to report for instruction, and
 - (iii) from which a worker is transported to a work site where the work is performed

Table 2
Medium hazard work

“Medium hazard work” means any work that is neither low hazard work nor high hazard work.

Table 3
High hazard work

(1)

“High hazard work” means work involving

- construction or demolition, including
 - (a)
 - (i) industrial and commercial process facilities,
 - (ii) pipelines and related gas or oil transmission facilities,
 - (iii) commercial, residential and industrial buildings,
 - (iv) roads, highways, bridges and related installations,
 - (v) sewage gathering systems,
 - (vi) utility installations, and
 - (vii) water distribution systems;
 - operation and maintenance of
 - (b)
 - (i) food packing or processing plants,
 - (ii) beverage processing plants,
 - (iii) electrical generation and distribution systems,
 - (iv) foundries,
 - (v) industrial heavy equipment repair and service facilities,
 - (vi) sawmills and lumber processing facilities,
 - (vii) machine shops;

- (viii) metal fabrication shops,
 - (ix) gas, oil and chemical process plants,
 - (x) steel and other base metal processing plants, and
 - (xi) industrial process facilities not elsewhere specified,
- (c) woodlands operations;
 - (d) gas and oil well drilling and servicing operations;
 - (e) mining and quarrying operations;
 - (f) seismic operations;
 - (g) detonation of explosives

Table 5
First aid requirements for low hazard work
 [See sections 178, 181(1)]

Number of workers at work site per shift	Close work site (up to 20 minutes)	Distant work site (20 – 40 minutes)	Isolated work site (more than 40 minutes)
1	CSA Standard Z1220-17 Type 1 Personal First Aid Kit	CSA Standard Z1220-17 Type 1 Personal First Aid Kit	CSA Standard Z1220-17 Type 1 Personal First Aid Kit
2 – 9	1 Basic First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit	1 Basic First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit	1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit
10 – 49	1 Basic First Aider CSA Standard Z1220-17 Type 2 Basic Medium First Aid Kit	1 Basic First Aider CSA Standard Z1220-17 Type 2 Basic Medium First Aid Kit	1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Medium First Aid Kit
50 – 99	1 Basic First Aider 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit	1 Basic First Aider 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit	2 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit
100 – 199	1 Basic First Aider 2 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit Designated area for first aid services	1 Basic First Aider 2 Intermediate First Aiders 3 blankets, stretcher, splints Designated area for first aid services	3 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit 3 blankets, stretcher, splints Designated area for first aid services
200 or more	1 Basic First Aider 2 Intermediate First Aiders Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers	1 Basic First Aider 2 Intermediate First Aiders Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers	3 Intermediate First Aiders Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers

	CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit	CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit 3 blankets, stretcher, splints	CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit 3 blankets, stretcher, splints
	Designated area for first aid services	Designated area for first aid services	Designated area for first aid services

Note: Number of first aiders indicated is for a shift at all times.

Table 6
First aid requirements for medium hazard work
[See sections 178, 181(1)]

Number of workers at work site per shift	Close work site (up to 20 minutes)	Distant work site (20 – 40 minutes)	Isolated work site (more than 40 minutes)
1	CSA Standard Z1220-17 Type 1 Personal First Aid Kit	CSA Standard Z1220-17 Type 1 Personal First Aid Kit	CSA Standard Z1220-17 Type 1 Personal First Aid Kit
2 – 9	1 Basic First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit	1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit 3 blankets	1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit 3 blankets
10 – 19	1 Basic First Aider 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit	1 Basic First Aider 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit 3 blankets	2 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Small First Aid Kit 3 blankets
20 – 49	1 Basic First Aider 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Medium First Aid Kit	1 Basic First Aider 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Medium First Aid Kit 3 blankets	2 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Medium First Aid Kit 3 blankets
50 – 99	2 Basic First Aiders 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit	2 Basic First Aiders 1 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit 3 blankets	3 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit 3 blankets
100 – 199	2 Basic First Aiders 2 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit	2 Basic First Aiders 2 Intermediate First Aiders CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit	3 Intermediate First Aider CSA Standard Z1220-17 Type 2 Basic Large First Aid Kit

		3 blankets, stretcher, splints	3 blankets, stretcher, splints
	Designated area for first aid services	Designated area for first aid services	Designated area for first aid services
200 or more	2 Basic First Aiders 2 Intermediate First Aiders 1 nurse who holds an advanced first aid certificate or 1 advanced care paramedic Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers First Aid Room for workers	2 Basic First Aiders 2 Intermediate First Aiders 1 nurse who holds an advanced first aid certificate or 1 advanced care paramedic Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers First Aid Room for workers	4 Intermediate First Aiders 1 nurse who holds an advanced first aid certificate or 1 advanced care paramedic Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers First Aid Room for workers

Table 7
First aid requirements for high hazard work
[See sections 178, 181(1)]

Number of workers at work site per shift	Close work site (up to 20 minutes)	Distant work site (20 – 40 minutes)	Isolated work site (more than 40 minutes)
1	CSA Standard Z1220-17 Type 1 Personal First Aid Kit	CSA Standard Z1220-17 Type 1 Personal First Aid Kit	CSA Standard Z1220-17 Type 1 Personal First Aid Kit
2 – 9	1 Basic First Aider CSA Standard Z1220-17 Type 3 Intermediate Small First Aid Kit	1 Intermediate First Aider CSA Standard Z1220-17 Type 3 Intermediate Small First Aid Kit 3 blankets	1 Intermediate First Aider CSA Standard Z1220-17 Type 3 Intermediate Small First Aid Kit 3 blankets
10 – 19	1 Basic First Aider 1 Intermediate First Aider CSA Standard Z1220-17 Type 3 Intermediate Small First Aid Kit 3 blankets	2 Intermediate First Aiders CSA Standard Z1220-17 Type 3 Intermediate Small First Aid Kit 3 blankets, stretcher, splints	2 Intermediate First Aiders CSA Standard Z1220-17 Type 3 Intermediate Small First Aid Kit 3 blankets, stretcher, splints
20 – 49	2 Basic First Aiders 1 Intermediate First Aider CSA Standard Z1220-17 Type 3 Intermediate Medium First Aid Kit 3 blankets	3 Intermediate First Aiders CSA Standard Z1220-17 Type 3 Intermediate Medium First Aid Kit 3 blankets, stretcher, splints	3 Intermediate First Aiders CSA Standard Z1220-17 Type 3 Intermediate Medium First Aid Kit 3 blankets, stretcher, splints
50 – 99	2 Basic First Aiders 2 Intermediate First Aiders	Basic First Aiders 3 Intermediate First Aiders	Intermediate First Aiders 1 Advanced First Aider

	CSA Standard Z1220-17 Type 3 Intermediate Large First Aid Kit	CSA Standard Z1220-17 Type 3 Intermediate Large First Aid Kit	CSA Standard Z1220-17 Type 3 Intermediate Large First Aid Kit
	3 blankets	3 blankets, stretcher, splints	3 blankets, stretcher, splints
100 – 199	2 Basic First Aiders 2 Intermediate First Aiders 1 Advanced First Aider First Aid Room for workers	4 Intermediate First Aiders 1 Advanced First Aider First Aid Room for workers	4 Intermediate First Aiders 1 Advanced First Aider First Aid Room for workers
200 or more	2 Basic First Aiders 2 Intermediate First Aiders 1 nurse who holds an advanced first aid certificate or 1 advanced care paramedic Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers First Aid Room for workers	4 Intermediate First Aiders 1 nurse who holds an advanced first aid certificate or 1 advanced care paramedic Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers First Aid Room for workers	4 Intermediate First Aiders 1 Advanced First Aider 1 nurse who holds an advanced first aid certificate or 1 advanced care paramedic Plus 1 Intermediate First Aider for each additional increment of 1 to 100 workers First Aid Room for workers

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